


GRAVESHAM LIFE SAVING CLUB

Membership Information Sheet 2022



Please check the meeting venue, dates & times on either the club website or Facebook group. Due to Covid, all details are subject to change, although we hope to keep them as regular as we can. We are current meeting at Cobham Hall School.

Awards							
Rookie:	Survive & Save:						
<p>The Rookie Lifeguard programme is primarily aimed at children aged 8-12 yrs old. The awards contain survival, rescue & sport skills as well as Life Support and water safety elements. We would ask that a Parent/Guardian remain present for children attending this group and ask that children are collected from the changing room promptly at the end of every club session.</p>	<p>The National lifesaving standard, aimed for people over 12 yrs old. There are Bronze, Silver & Gold levels. We offer the choice of the Medallion, Beach and Sport programmes as areas to specialise in for each category.</p> <p><i>For these awards a long-sleeved top and full length trousers worn over swimming costumes will be needed for use in the pool every session.</i></p>						
Joining Requirements:	Fees:						
<p>Completed application forms should be returned to Andy Griggs, 24 Darnley Street, Gravesend, DA11 0PJ or email graveshamlsc@hotmail.com If you want more information please <i>telephone 01474 561254</i> . Once a completed application form has been received, new members will be invited along to undertake a competency based swimming assessment. You will be contacted to confirm start dates of the course when spaces become available.</p>  <p>Scan code with your mobile device for website.</p>	<table> <tr> <td>Adult 18 yrs plus</td> <td>£53 for Survive & Save</td> </tr> <tr> <td>Junior 12-18 yrs</td> <td>£48 for Survive & Save</td> </tr> <tr> <td>Child 8-12 yrs</td> <td>£25 for Rookie</td> </tr> </table> <p>In addition, every member pays £5 per session.</p> <p><i>Survive & Save joining fee</i> provides 1 year's membership, club T-shirt, Survive & Save Candidate Manual & first award.</p> <p><i>Rookie joining fee</i> provides 1 year's membership, club T-shirt, Rookie progress book and awards.</p> <p>Joining fees cover membership until the end of December. Yearly membership payable thereafter of £12 Adult and £7 Junior/Child.</p>	Adult 18 yrs plus	£53 for Survive & Save	Junior 12-18 yrs	£48 for Survive & Save	Child 8-12 yrs	£25 for Rookie
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Health & Safety:							
<p>We request that all swimmers wear a one-piece costume, no jewellery be worn at the club, and that any medical conditions are disclosed on the application form.</p> <p>All applicants must be 8 years old or above to be considered for joining the club. The club complies with the RLSS UK <i>Safeguarding & Protecting Children Regulations</i>, details obtainable from our Club Welfare Officers.</p>							

Visit our website at www.glsc.org.uk, follow us on Facebook at 'GraveshamLSC' or Twitter 'GraveshamLSC'